

REMINGTON

iLIGHT

LUXE - IPL HAIR REMOVAL



IPL8500

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Visit www.remington.co.uk/productregister. You must register within 28 days of purchase.

1

HAIR COLOUR



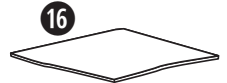
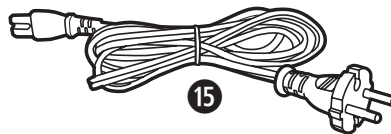
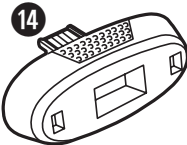
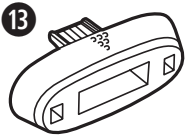
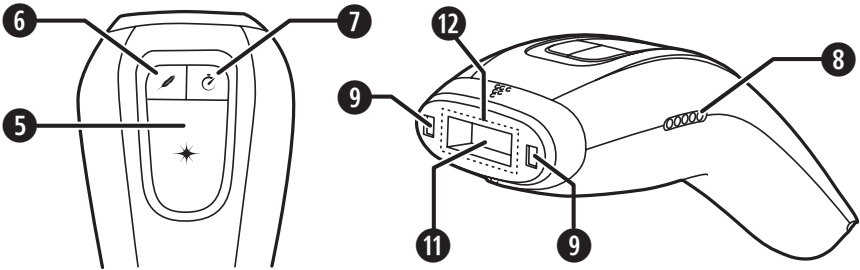
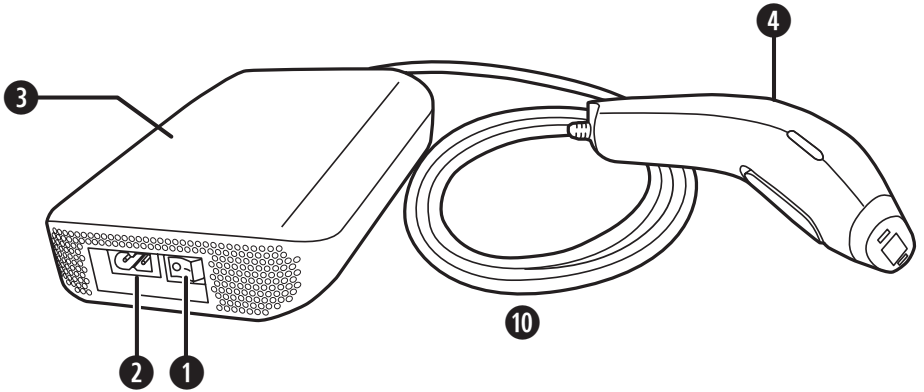
SKIN COLOUR



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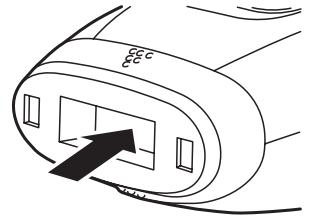
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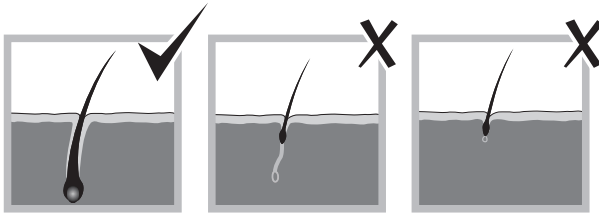
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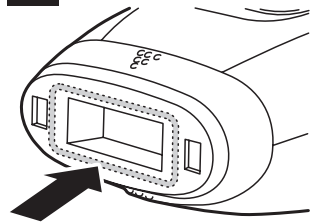
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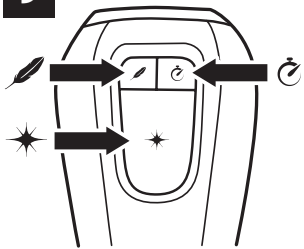
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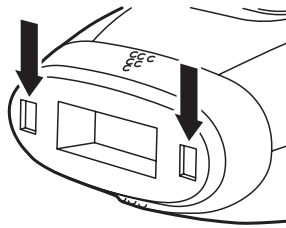
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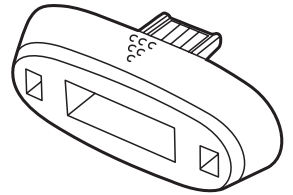
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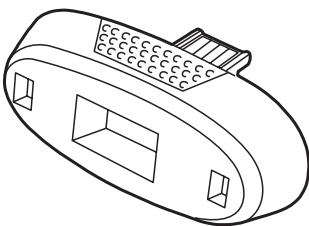
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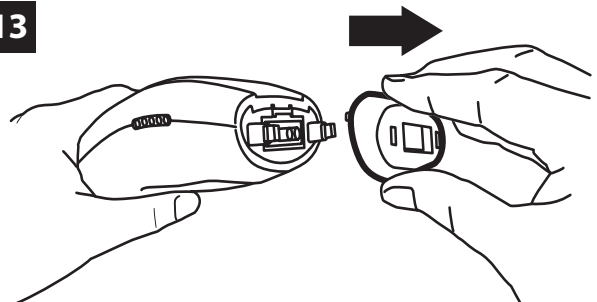
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Thank you for buying your new Remington® product.

Please read these instructions carefully and keep them safe. Remove all packaging before use.

IMPORTANT WARNINGS AND SAFETY PRECAUTIONS

- This appliance should not be used by anyone under the age of 18 and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge unless they have been supervised/instructed and understand the hazards involved. Children shall not play with the appliance. Cleaning and user maintenance shall not be made by persons under 18.
- Keep the appliance and cable out of reach of children under 8 years.
- Do not use the product with a damaged cord. A replacement can be obtained via our International Service Centres.
- ⚠ The body of this appliance is not washable or water resistant. Do not put the appliance in liquid; do not use it near water in a bath tub, basin or other vessel; and don't use it outdoors.
- Possible hazardous optical radiation emitted from this product. Do not stare at the light source which may be harmful to the eye.
- Use this appliance only for its intended use as described in this manual.
- Do not use the appliance if it is damaged or malfunctions.
- Do not leave the appliance unattended while plugged in.
- Keep the power plug and cord away from heated surfaces.
- Only use the parts supplied with the appliance.
- Do not twist or kink the cable, or wrap it round the appliance.
- Do not plug or unplug the appliance with wet hands.
- This appliance is not intended for commercial or salon use.

Before you start using i-LIGHT:

Be sure to read all warnings and safety information. Before you begin, check to see if i-LIGHT is suitable for you.

Use the skin and hair chart at the front of this manual and the integrated skin sensor to determine if this device is right for you (Fig 1).

WARNING: i-LIGHT is not suitable for very dark or black skin. i-LIGHT is not effective on light or grey hair and is less effective on blonde and red hair.

For facial use: Only suitable for female facial hair on the cheeks, sideburns, chin, neck areas and above the lips (Fig 2).

DO NOT use on the eyes, eyebrows or eyelashes. Doing so can cause serious and permanent eye injury.

Skin Type

- Do not use on naturally dark skin, as it may result in burns, blisters and changes in skin colour.
- Do not use on tanned skin or after recent sun exposure, as it may cause burns or skin injury.
- i-LIGHT is not effective on light or grey hair and is less effective on blonde and red hair.

Areas not to treat:

- Do not use on the scalp or ears.
- Do not use on face or neck (male).
- Do not use above the cheekbone (females).
- Do not use on nipples, areola or genitals.

- Do not use if you have tattoos or permanent makeup in the area to be treated.
- Do not use on dark brown or black spots such as moles, birth marks or freckles.
- Do not use on an area of recent surgery, deep peel, laser resurfacing, scars or skin that has been damaged with burns or scalds.

When not to use/When to avoid using i-LIGHT

- DO NOT use if you have tanned skin in the intended treatment area, as your skin may be too dark and treatment in tanned areas could temporarily cause skin swelling, blisters, or could change the colour of your skin. Wait until your tan has faded before treating.
- DO NOT use on skin with cosmetics applied, as treating in those areas could temporarily cause skin swelling, blisters or could change the colour of your skin. Make sure to thoroughly clean the intended treatment area prior to use.
- DO NOT flash the same treatment spot multiple times during the same session, as this could temporarily cause skin swelling, blisters, or could change the colour of your skin.
- DO NOT treat any area more than every two weeks, as this will not speed up results, but could increase likelihood of skin swelling, blistering or changing the colour of your skin.
- DO NOT use on damaged skin, including open wounds, cold sores, sunburns, or areas where you have had a skin peel or other skin resurfacing procedure within the last 6-8 weeks.
- DO NOT use on irritated skin, including rashes or swollen skin. These conditions can make the skin more sensitive. Wait for the affected area to heal before use.
- DO NOT use if your skin is sensitive to light. In order to determine if you can use i-LIGHT, perform a test on a small patch of skin and wait 24 hours to determine if there are any adverse reactions before treating more broadly.
- DO NOT use if you are or may be pregnant or are breast-feeding. i-LIGHT has not been tested on pregnant women. Hormonal changes are common during pregnancy or breast-feeding and could increase skin sensitivity and the risk of skin injury.
- DO NOT flash against any material other than skin.
- DO NOT use i-LIGHT for any purpose other than hair removal.
- DO NOT treat any area where you may someday want your hair to grow back. The results may be permanent and irreversible.
- DO NOT use on the face if you have a history of cold sores; use of IPL or any treatment that irritates skin can cause a recurrence of cold sores.
- If you've had professional or clinical or self-administered laser or IPL or electrolysis hair removal treatments, wait at least 6 months before using i-LIGHT. If you've waxed, plucked or epilated hair in the treatment area, wait at least 6 weeks before using i-LIGHT. The device uses the hair under your skin to disable your hair at the root, so it is not effective if the hair has been pulled out.
- Do not use over or near anything artificial such as silicon implants, Implanon contraceptive implants, pacemakers, subcutaneous injection ports (insulin dispenser) or piercings.
- DO NOT use directly over or near Active Implantable Medical Devices such as implantable pacemaker, internal defibrillator, or insulin devices. Although no problems associated with the use of this device have been reported during studies, it is recommended to observe all active implantable medical device warnings regarding the use of electronic devices to prevent any failure or interruption of an active implantable device.
- Wireless communications equipment may affect the i-LIGHT device and should be kept at least 3.3 m away.
- Do not use over or near fillings or dental implants.

KEY FEATURES (FIG 3)

1. Power Switch
2. Power Inlet
3. Power Pack
4. Hand Piece
5. ✨ Power Mode Flash Button
6. ✂ Sensitive Mode Flash Button
7. ⚡ Express Mode Flash Button
8. LED Indicator Lights
9. Skin Tone Tester
10. Hand Piece Cord
11. Flash Window
12. Skin Contact Sensors
13. Body Treatment Cap
14. Precision Treatment Cap
15. Power Cord
16. Lint Free Cloth
17. Storage Pouch (Not Shown)

GETTING STARTED

Be patient when first using your i-LIGHT, as with any new product, it may take a little while to familiarise yourself with the product. Take the time to acquaint yourself with your i-LIGHT as we are confident you will receive years of enjoyable use and complete satisfaction.

GETTING ACQUAINTED WITH i-LIGHT

What is i-LIGHT?

The i-LIGHT system is a revolutionary light-based device designed for the removal of unwanted body hair and female facial hair at home.

i-LIGHT utilises similar clinically-proven technology that professional dermatologists and salons use, optimised for personal treatment.

What is Intense Pulse Light (IPL) and how does i-LIGHT work?

IPL (Intense Pulsed Light) is a well-established technology used worldwide for over 15 years. i-LIGHT uses this technology to flash your skin with an intense pulse of light.

The pulse works under the skin's surface to target hairs at the root, helping to stop their growth (Fig 4).

The energy in the pulse of light targets dark colouring, and best results are seen on darker hair.

i-LIGHT is intended for use on light, medium and dark skin tones (skin tones I-V).

What to expect from i-LIGHT

Results aren't immediate, and individual results vary. Most users will begin to notice fewer hairs within 1-2 weeks after beginning treatment. During this time it may look like the hair is still growing, but it is actually being 'pushed out' (Fig. 5).

Hair grows in a cycle of 3 different phases which lasts 18-24 months (Fig. 6). Only hairs in the active growth phase are susceptible to treatment, which is why multiple treatments are required for optimal results.

It's important to continue with the full treatment regime and top-up treatments to ensure that every active hair is treated.

Treatment Regime

A full treatment regime is once every two weeks for three treatments. Individual results may vary, so multiple treatments may be required for optimal results. Some hair growth will occur that is less dense, finer and lighter in colour than the original hair. This regrowth is perfectly normal and should be expected. After completing the initial treatment regime, top-up treatments will provide even better results. Continuous regular treatment every two weeks will give good results within 6-12 weeks (darker skin tones may take longer). Do not use more than once every two weeks.

NOTE: You should avoid treating the same area multiple times in one session, as it will not improve effectiveness but increases the risk of skin irritation.

FAMILIARISE YOURSELF WITH YOUR i-LIGHT

Flash Window with built-in UV filter (Fig 7)

WARNING: always inspect the Flash Window before use to ensure there is no damage to the lens.

WARNING: always clean the Flash Window before use with the lint-free cloth provided to ensure there is no oil or debris on the lens.

Skin Contact Sensors (Fig 8)

This safety mechanism prevents accidental flashing. The device will not flash unless both Skin Contact Sensors are in full contact with the skin.

Power Mode, Sensitive Mode and Express Mode (Fig 9)

The Power Mode, Sensitive Mode and Express Mode buttons are all located on the hand piece.

Skin Tone Tester (Fig 10)

Will only allow usage on suitable skin tones.

Attachments

Body Treatment Cap for large areas below the neck (Fig 11).

Precision Treatment Cap for smaller female facial areas such as cheek, sideburn, chin, neck area and above the lips. It can also be used on other smaller areas such as the underarms and bikini area (Fig 12).

Attachment Release (Fig 13)

Grasp the cap at the positions indicated and firmly pull straight out to release the treatment cap. When replacing the cap, magnets will assist in aligning the treatment cap into position.

PREPARING FOR USE

PREPARE YOUR SKIN FOR TREATMENT

- Ensure the area to be treated is clean and free from oils, deodorants, perfume, make up, lotions and creams. Shave the hair from the area to be treated, and ensure the skin is clean and dry.
- For facial use, you may prefer to trim the hair. If trimming, the hair must be trimmed to less than 0.5mm.
- Never use wax, epilation, tweezers or other methods that remove the hair from the root as IPL is not effective if the hair has been pulled out.

PREPARE THE i-LIGHT FOR USE

- Connect the power cord to the wall outlet.

CHECK YOUR SKIN TONE

- To determine if your skin tone is suitable for use with the device, compare your skin in the intended treatment areas with the Skin Tone Chart (Fig 1) at the front of this manual.
- If your skin matches either the light, medium or dark skin tones in the Skin Tone Chart (I-V), you can use this i-LIGHT device.
- If your skin in the intended treatment area matches the darkest skin tone in the Skin Tone Chart, DO NOT use the device (Skin Tone VI).
- This i-LIGHT has a built-in SKIN TONE TESTER on the treatment head that is designed to help prevent inadvertent flashing on skin that is too dark for treatment.

- If your skin is suitable for treatment i-LIGHT will provide a flash and the LED lights on the side of the hand piece will illuminate white. The number of lights illuminated will indicate your Skin Tone.
- If your skin is too dark for treatment, you will receive a low energy flash followed by four audible beeps and the LED lights on the side of the hand piece will illuminate red.
- If you believe your skin is suitable based on the Skin Tone Chart (Fig 1), but the device flashes and four audible beeps follow, try another treatment area.

TEST THE i-LIGHT ON YOUR SKIN

Before your first full treatment, test the i-LIGHT on a small patch of skin and wait 24 hours to ensure there are no adverse reactions.

1. Place the i-LIGHT hand piece against your skin so the Flash Window is flush with the skin surface.
2. Ensure the Skin Contact Sensors are fully engaged and that the LED lights illuminate white.
3. Select your preferred mode and press the flash button to deliver a flash.
TIP: As mild to moderate discomfort is normal, you may want to start with Sensitive Mode only switching to Power Mode when you feel comfortable in doing so.
4. Wait 24 hours and then look at the test area. If the skin appears normal, proceed with your first full treatment using the mode that you determined is right for you.

NOTE: You must test the device on each area of the face or body you wish to treat.

SELECTING THE OPERATING MODE

- The integrated SKIN TONE TESTER on the treatment head will set the appropriate power level for each setting based on the skin tone registered.
- This i-LIGHT device has 3 different operating modes, Power Mode (Full Power), Sensitive Mode and Express Mode. The unit will be in Power Mode when it is turned ON. It will flash approximately every 3 seconds on Power Mode and Sensitive Mode and less than 1 second on Express Mode.

Power Mode ✨

Power Mode (Full Power) will provide the highest power levels that are appropriate for you. This mode is ideal for treating both larger and smaller areas. Power Mode will give you the best hair removal results in fewer treatments, but may be less comfortable.

Sensitive Mode 🍃

Sensitive Mode is for those who find the Power Mode to be too intense. Sensitive Mode is a less powerful mode available for those who are sensitive to discomfort but still desire to remove unwanted hair. With this mode you may have to do a few more treatments to see desired results.

Express Mode ⚡

Express Mode provides the user with a time friendly option for treatments. You may treat larger areas with this mode at a faster rate, but it may be less effective and will take a few more treatments to see the desired results.

NOTE: Whenever the device is turned on, it automatically defaults to Power Mode (Full Power).

- If you wish to select an alternative mode, press and hold the desired button to illuminate it.
- Once you have decided and chosen which operating mode is right for you, put the treatment window firmly against your skin.
- The device is now ready to trigger the first flash. To deselect the Sensitive or Express Mode, simply press the selected button again and the unit will revert back to Power Mode with only the Flash Button illuminated.

TREATMENT

CHANGING ATTACHMENTS

- Your i-LIGHT comes with two separate Treatment Caps.
- The Body Treatment Cap is for use on larger areas such as body hair.
- The Precision Treatment Cap is intended for use on smaller areas such as female facial hair, underarms and bikini area.

To change attachments:

WARNING: Always ensure the unit is OFF and the power cord is disconnected before removing the Treatment Cap.

- Allow the system to cool down for 5 minutes before attempting to change the Treatment Cap
1. Turn the Power Switch OFF and unplug the Power Cord from the electrical outlet.
 2. Hold the device with one hand while gently pulling the Treatment Cap with the other (Fig. 13).
NOTE: Treatment Caps are magnetically held onto the device and should pull off easily.
TIP: Store the unused Treatment Cap in a safe location taking care not to damage the flash window and other components.
 3. Gently push the other Treatment Cap back onto the device making sure it clicks into place.

How to treat:

1. Place the Flash Window firmly against the skin - ensure the Skin Contact Sensors are fully engaged. If the Skin Contact Sensors are in full contact, the flash button on the device will pulse white and the LEDs on the side of the hand piece will light up indicating the device is ready to flash.
NOTE: If the Skin Contact Sensors are NOT in full contact with the skin, the device will not operate if you press the Flash Button and it will beep. Double check that the Skin Contact Sensors are in full contact with the skin.
2. Press the flash button to deliver a flash. You should expect to see a bright flash of light (similar to a camera flash) and you should feel a mild sensation of warmth.
3. Move to the next area and treat in a grid like pattern to ensure full coverage of the treatment area.
 - For single-flash mode, press the flash button each time you move to the next area.
 - For multi-flash mode, keep your finger on the flash button to keep it depressed and glide to the next area being sure to keep the Skin Contact Sensors fully engaged. The next flash will be delivered automatically after 3 seconds (in Full Power Mode).
 - During multi-flash mode if you let go of the flash button or lose skin contact, simply resume treatment by repeating the above steps.

Facial Treatment (female use only)

Facial hair can be very different to body hair and the skin on the face tends to be sensitive and more likely to be exposed to the sun's rays; therefore treating unwanted facial hair is different to treating the body – please be sure to read the Warnings and Safety Precautions carefully before beginning a facial treatment.

IMPORTANT: The Precision Treatment Cap has been specially designed to treat the unique characteristics of female facial hair. We would therefore advise against using the Body Treatment Cap on the face as this has been designed to treat large areas below the neck. See section 'Changing Attachments' for more information.

The Precision Treatment Cap is intended for use on female facial hair on the cheek, sideburn, chin, neck area and above the lips (Fig. 2). It can also be used on other smaller areas such as the underarms and bikini area.

DO NOT use on male beards or facial hair as the results may be permanent or uneven which may produce changes in facial characteristics which may not be desirable.

TREATMENT TIPS

Body Treatment

- For best results, avoid overlapping flashes. This helps prevent exposure to more energy than is necessary to suppress hair growth. It also ensures that you get the maximum use of the Bulb.
- For the most effective results, always use the highest intensity operating mode that does not cause discomfort on the skin. The level you use should feel warm on your skin, but should never cause discomfort.
- You may notice that bony areas, such as elbows, shins and ankles, are more sensitive during treatment. This is normal and should not be cause for alarm. To avoid this sensitivity, try stretching the skin away from the bony area during treatment.

Facial Treatment

- Test on a Patch of Skin – since facial skin tends to be more sensitive, make sure you test on a small patch before proceeding. See section ‘Test the i-LIGHT on your skin’ for more details.
- Use a Mirror to Guide your Treatments – using a mirror for a good view of the area to be treated and to help ensure you avoid treating the lips or any other dark spots. If the reflected light is unpleasant, you may want to close your eyes before each flash.
- Stretch Skin for Better Skin Contact – the contours of the skin may make it difficult for the skin contact sensors to be fully depressed in certain areas. You may find it easier to try and wrap your upper lip over your teeth or use your tongue to stretch your cheeks for better skin contact.

POST TREATMENT CARE

After treatment, you may experience slight redness or a warm sensation on your skin. This is normal and will disappear over time. To avoid irritation to your skin after a treatment, take the following precautions:

- Avoid sun exposure for 24 hours after a treatment. Protect the skin with SPF 30 for 2 weeks after each treatment.
- Do not prolong sun exposure such as sunbathing, using a tanning bed, or self-tan for at least 2 weeks after the last treatment.
- After treatment, keep the area clean and dry and drink plenty of water to keep skin hydrated.
- Do not take hot baths, showers, or use steam rooms and saunas until any redness or skin sensitivity has returned to normal.
- Do not depilate (waxing, plucking, threading or creams) during the treatment – shaving is acceptable as long as you avoid shaving 24 hours after each treatment.
- Do not use bleaching creams or perfumed products for 24 hours after treatment.

300,000 FLASH BULB

- The bulb will deliver 300,000 flashes in its lifetime so regular bulb changing is not needed.
- The bulb in this device is guaranteed to last for the entire guarantee period as stated on the guarantee card supplied with this product.

Signs that the bulb needs replacing:

- When the bulb has reached 99% of its possible lifetime, one of the LEDs on the side of the hand piece will illuminate red during power up.
- When the bulb life is exhausted you will no longer be able to use the device.

CLEANING YOUR i-LIGHT DEVICE

⚠ CAUTION Before cleaning your i-LIGHT, make sure that the device is switched OFF and the power cord is disconnected from the device.

Regular cleaning helps to ensure optimal results and a long life for the i-LIGHT device.

- To clean the Flash Window, use only the lint-free cloth included with your i-LIGHT device. Take care not to scratch or chip the Flash Window. Scratches and chips can reduce the effectiveness of the unit.
- For stubborn stains on the flash window, dampen a cotton swab with surgical spirit or rubbing alcohol, apply to the flash window and clean gently with the lint-free cloth provided.
 - ⚠ **WARNING:** If the Flash Window is cracked or broken, the unit must not be used. Never scratch the filter glass or the metallic surface inside the Treatment Head.
 - ⚠ **CAUTION:** Never immerse in water. Never clean the unit or any of its parts under a tap or in a dishwasher.

Storage

Switch off the unit, unplug and allow to cool for 10 minutes before storage.

TROUBLESHOOTING

- Always read these instructions fully before using i-LIGHT.
- Refer to this troubleshooting guide if you experience any problems with i-LIGHT, as this section addresses the most common problems you could encounter with i-LIGHT. If you have followed the instructions in this section and continue to experience problems, please contact the Remington® Service Centre for further assistance.

The power switch is ON, but the unit is not working.

- Make sure the unit is plugged into a working electrical outlet.
- Try switching to a different outlet.

The unit appears to have cracks or is broken.

- Do not use if the unit is damaged. If you have concerns about using the unit, discontinue use and contact the Remington® Service Centre for further assistance.

I have switched the unit ON, but I cannot change the Mode.

- Try resetting the unit by turning it off and waiting several seconds before turning it back on.

There is a strange smell.

- Be sure the area is completely shaved before treatment.

The treated areas become red after treatment.

- This is normal and the redness should subside. If not, try switching to Sensitive Mode.

NOTE: In the event of the i-LIGHT device getting too hot, the device will go into wait mode. In wait mode, the 5 LEDs on the side of the hand piece will begin to light up one after the other. Wait a few minutes to allow the hand piece to cool down. There is no need to shut the unit down, the LED lights will stop illuminating when the device is ready to use again.

FREQUENTLY ASKED QUESTIONS

- For a full list of FAQs, please visit (www.remington-ilight.com)

Q. What areas of my body can I treat with i-LIGHT?

A. i-LIGHT is designed for unisex use on areas below the neck, including the legs, underarms, bikini line, arms, chest and back. Females can also use on facial hair below the cheekbone.

Q. What are the risks involved with i-LIGHT. Is it safe?

A. i-LIGHT is proven to be safe and effective, but like any electronic device it is important that you read and follow the operating instructions and safety warnings.

Q. Is IPL dangerous for the skin after long term use?

A. There have not been any reported side effects or skin damage from long term use of intense pulse light (IPL)

Q. Why is my hair growing despite treatments?

A. Results aren't immediate, and individual results vary. Most users will begin to notice fewer hairs within 1-2 weeks after beginning treatment. During this time it may look like the hair is still growing, but it is actually being 'pushed out'.

Hair grows in a cycle of 3 different phases which lasts 18-24 months. Only hairs in the active growth phase are susceptible to treatment, which is why multiple treatments are required for optimal result.

Another reason for continued growth could be that the area was missed during a treatment. Repeat the treatment regime when you notice regrowth.

Q. Why can't I use i-LIGHT after recent sun exposure?

A. Sun exposure causes high levels of melanin to be present and exposes the skin to higher risk of burns or blisters following treatment.

Q. Do I need eye protection while using i-LIGHT?

A. No, it is not harmful to the eyes. i-LIGHT features a safety system which prevents unintentional flashing when the device is not in contact with the skin. The small amount of light emitted during treatment is similar to that of a camera flash and is not harmful to the eyes. The specially designed Treatment Caps minimise light leakage. If the reflected light is unpleasant, you may want to close your eyes before each flash.

RECYCLING



To avoid environmental and health problems due to hazardous substances, appliances and rechargeable and non-rechargeable batteries marked with one of these symbols must not be disposed of with unsorted municipal waste. Always dispose of electrical and electronic products and, where applicable, rechargeable and non-rechargeable batteries, at an appropriate official recycling/collection point.

SERVICE AND GUARANTEE



Defects affecting product functionality appearing within the guarantee period will be corrected by replacement or repair at our option provided the product is used and maintained in accordance with the instructions. Your statutory rights are not affected. To claim an extra 1 year guarantee, register your product online within 28 days of purchase.


Register at: www.remington.co.uk/productregister

Consumables are guaranteed only for their recommended lifecycle. Replacement/spare parts* are excluded and are only covered by a 1 year warranty.


*Examples include, but are not limited to, adaptors, haircare attachments, grooming accessories, etc.

SERVICE CENTRE

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Fir Street, Failsworth, Manchester
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 Tel 142 951 40
Remington Consumer Products,
Unit B12, Ballymount Corporate Park,
Ballymount, Dublin 12
www.ie.remington-europe.com

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*You must register within 28 days of purchase.

Model No. IPL8500

18/UK/ IPL8500 T22-7000648 Version 11 /18

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